# Well-being and health, including mental health funding Monitoring report 2024/25

**Response by:** 26 September 2025

**Return to:** ryan.stokes@medr.cymru

This 2024/25 monitoring template sets out the data, evidence and information to be returned to us as end of year reporting to provide assurance of progress and performance.

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| **University name:** |  |
| **Name of university contact and email address** |  |
| **Well-being and health strategy funding 2024/25** (£2m. Universities’ allocations provided in the guidance at **Annex A**) |  |
| **Well-being and health and additional financial support for higher education students 2024/25** (Universities’ allocations provided in the guidance at Annex B) |  |

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| **Part 1: monitoring information** |
| **Quantitative information**  |
| Please provide the quantitative information as set out in the attached spreadsheet (**Appendix E1**). |

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| **Part 2: well-being and health strategy progress information** |
| Please provide an update on progress in 2024/25 towards addressing the University’s UUK *Stepchange: mentally healthy universities self-assessment* recommendations. |
| 500 words maxBulleted sentences would be a satisfactory reporting method |

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| Please provide a progress update on actions in 2024/25 to implement the University’s suicide safer strategy and action plans, including a summary of any revisions and reviews. |
| 500 words maxBulleted sentences would be a satisfactory reporting method |

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| **Case Studies** Please provide one case study, for each 2024/25funding allocation, as examples of practice in (one relating to activities, training, resources or services to support staff and one relating to activities, training, resources or services for students), of no more than 500 words each. In submitting these case studies, universities should be aware that we may choose to publish them to share practice and provide assurance of universities’ actions and use of funding**. Case studies must not identify staff or students but be focused on activities and services provided.**If universities have any new and/or innovative resources or positive experiences of externally provided training and would like to promote or share them more widely with the sector, please provide links and/or further information.  |

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| **Well-being and health implementation plan funding allocation 2024/25 (£2m)****Case study 1**Max 500 words and where possible, include links and/or images that do not identify individuals. |
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| **Well-being and health and additional financial support for higher education students 2024/25 (£2m)****Case Study 2**Max 500 words and where possible, include links and/or images that do not identify individuals. |
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| **Part 3** |
| **Funding** **Well-being and health implementation plan funding allocation 2024/25 (£2m)**Please note that by ‘committed funding’ we mean expenditure that has been agreed such that it cannot be returned to the University but the funding has not yet been invoiced or paid in full. Committed funding should be for activities, services, resource training delivered in 2024/25.  |
| **Well-being and health implementation plan funding allocation 2023/24** | **£** |
| Please confirm that the University’s well-being and health implementation plan funding allocation has been used in full by 31 July 2025 for the purposes outlined in your 2024/25 implementation plan submitted to Medr. Where there is unallocated underspend please provide a brief explanation for this and the amount of underspend:  | *[Please delete as appropriate]** *I confirm/cannot confirm that the allocation has been used in full by 31 July 2025.*
* *There is/is not underspend.*
* *Where there is underspend. I confirm the amount of underspend is* ***£x*** *and*

*the reason for underspend is as follows:* |
| If there is underspend, how much of it is committed and for what purpose? [Please note we expect any committed underspend to be allocated within two months of the project end date.]  | *[Please complete this section as appropriate]** *There is/is not committed underspend*
* *Where there is committed underspend the amount is* ***£x.***
* *Committed underspend will be allocated in full by [****date****].*

*The reason for committed underspend is as follows:* |

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| **Well-being and health and additional financial support for higher education students 2024/25 (£2m)** |
| **Well-being and health and additional financial support for higher education students allocation 2024/25** | **£** |
| Please confirm that the University’s well-being and health implementation plan funding allocation has been used in full by 31 July 2025 for the purposes outlined in your 2024/25 implementation plan submitted to Medr. Where there is unallocated underspend please provide a brief explanation for this and the amount of underspend: | *[Please delete as appropriate]** *I confirm/cannot confirm that the allocation has been used in full by 31 July 2025.*
* *There is/is not underspend.*
* *Where there is underspend. I confirm the amount of underspend is* ***£x*** *and*
* *the reason for underspend is as follows:*
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| If there is underspend, how much of it is committed and for what purpose? [Please note we expect any committed underspend to be allocated within two months of the project end date.]  | *[Please complete this section as appropriate]** *There is/is not committed underspend*
* *Where there is committed underspend the amount is* ***£x.***
* *Committed underspend will be allocated in full by [****date****].*
* *The reason for committed underspend is as follows:*
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| **Assurance statement** |
| In completing this assurance return you are confirming that the university has:* allocated the Medr funding to support well-being and health strategy implementation as set out above;
* allocated the Medr funding to support the well-being and health and additional financial support for higher education students 2024/25 as set out above;
* used the Medr funding for the purposes for which it was intended as set out above;
* equality impact assessed the use of the funding to demonstrate how it can benefit people with protected characteristics;
* involved students, staff and other interested parties in setting the funding priorities; and
* delivered the 2024/25 implementation plan in full or discussed this with Medr and provided detailed information to account for partial delivery.
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| **Signature (Vice-Chancellor):**  |  | **Date**: |  |
| **Vice Chancellor name, please print:** |  |

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| Please return the completed monitoring statement and case studies to ryan.stokes@medr.cymru by **26 September 2025.**For further information please contact Ryan Stokes – ryan.stokes@medr.cymru  |